

<b>Empanada Dough III</b>
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2 cups flour  
4 Tbsp butter, chilled  
4 Tbsp shortening, chilled  
6-10 Tbsp really cold water  
1 tsp salt

Mix salt into flour in a large bowl. Using a pastry blender (or the absolutely impossible double-butter-knife chopstick method), cut butter and shortening into flour until mix is crumbly with pea sized lumps or smaller. Slowly add one tablespoon of water, mix. Repeat this until dough forms a ball.

You should definitely use your hands to press the dough together after the 4th tablespoon of water.